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EDMONTON • TUESDAY, MAY 19, 2009

metro

**Celebrity Buzz**

**Jon and Kate have icy party**  
pg 18



Martin Salloum, president and CEO for the Edmonton Chamber of Commerce, shows off his autographed guitars. The economic expert said infrastructure funds will add to initiatives that will breathe new life into the job market.

## End is at hand for downturn: Expert

Infrastructure will help city weather storm, says chamber president

**Sunny Side**



VICTORIA HANDYSIDES  
victoria.handysides@metronews.ca



### The end is near.

Well, according to members of the Edmonton Chamber of Commerce, it is.

Hype over the economic meltdown has inspired unnecessary panic, as recessions are part of the ebb and flow of a healthy economy, chamber president Martin Salloum said, adding that speculation among members indicates the downturn will reach cessation within 18 months.

"Edmonton's economy is diverse enough to weather the storm," he told Metro, adding that proof of the Alberta advantage is omnipresent.

The biggest misconception, Salloum said, is that oil is Edmonton's economic lifeblood.

"We're not just a one-trick pony," he said. "We're much more diverse than people think."

A \$7.2-billion injection by the provincial government into burgeoning infrastructure adds to a multitude of private impending initiatives in Edmonton. Cranes streak the U of A skyline and there are rumours of massive downtown developments which would breathe new life into the job market, he said.

A necessary nosedive may have hit the real-estate market hard, Salloum said, but has paved the way for more affordable housing, ensuring immigrant and homegrown workers keep roofs over their heads in this period of layoff paranoia.

Layoff myths can be busted, too,

Salloum said. Nearly 75 per cent of chamber members polled don't expect to lay off employees before the recession ends.

"The former struggle was finding staff. Now, employers don't want to have to scramble to find people when they need them," he said.

The Edmonton Chamber of Commerce is working hand-in-hand with officials to forge strong relationships with northern neighbours, solidifying Edmonton's "gateway to the north" namesake.

Northern Canada is the "economic engine" of the country, Salloum said, teeming with resources.

"Edmonton is the urban centre of the north, and that's the role that we're here to play."

**ShareYourViews**

edmontonletters@metronews.ca

## Pot signage motion irks store owner

**DRUG PARAPHERNALIA** The owner of a Sherwood Park convenience store feels his business will suffer if pending county restrictions govern how he sells pipes and bongs.

"It would definitely put a big dent in business," Molly's Mini Mart owner Dale Willis said yesterday.

A motion by councillors Jason Gariepy and Peter Wlodarczak will be introduced at a Strathcona County council meeting tonight, that, if passed, would force merchants to hide drug paraphernalia and restrict sale to areas more than 200 metres away from property lines, schools, parks, rec centres and churches.

Willis would be forced to tear down pot-gear signage erected on public land along Brentwood Boulevard under impending land-use amendments.

VICTORIA HANDYSIDES/  
METRO

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- Bizarre student barbecue benefits city homeless, pg 3

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**Police holding info session on grow-ops**

The police are holding an event to help people in the community weed out marijuana grow operations. Visiting fire Chief Len Garis will be presenting his case for stopping grow-ops and share what regular people can do if they suspect one in their neighbourhood. The event will be held at the Westin Hotel tomorrow at 6:30 p.m. **METRO EDMONTON**

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# Local



## One wild photo exhibit

Commune with nature in the centre of the city with the annual Wildlife Photographer of the Year exhibition at the Royal Alberta Museum. Over 80 winning wildlife photos will be on display from May 23 to Sept. 13. The showcase will also include photography workshops, presentations and a film series. **METRO EDMONTON**

## Man, 22, killed in highway rollover

**CRASH** A 22-year-old man died Saturday after losing control of his vehicle and rolling into the ditch near the town of Viking.

According to a witness, the vehicle was heading east along secondary Highway 626 and was said to have rolled several times before resting on its roof in a slough.

The man, Andrew Fraser McLean, was the only person in the 1997 Volkswagon Golf.

McLean was pronounced dead on scene and the cause of the crash is being investigated by the RCMP.

It isn't yet known if alcohol was a factor, but the RCMP said that speed may have been involved.

**METRO EDMONTON**

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What's online today.

**Video** Analysis of the he-said, she-said twists of the inquiry into Brian Mulroney's business deals at [metronews.ca/canada](http://metronews.ca/canada)

**Video** Employees are anxious as Newfoundland offshore flights resume two months after fatal chopper crash at [metronews.ca/canada](http://metronews.ca/canada)

**Video** Peter MacKay talks about Canada's post-combat role in Afghanistan at [metronews.ca/canada](http://metronews.ca/canada)

### Lotteries

Friday, May 15  
Lotto Super 7: 3, 4, 7, 16, 19, 26 & 45. Bonus 35  
Saturday, May 16  
Lotto 6/49: 16, 17, 23, 27, 30, 45. Bonus 39.  
These results are not official.

# Teen's sudden death shocks family

**VICTORIA HANDSIDES**  
[victoria.handsides@metronews.ca](mailto:victoria.handsides@metronews.ca)

**Graduates who partied hard into the early hours Saturday morning say Steven Larson drank modestly and didn't take any drugs.**

The 18-year-old Devon man spent his last night alive at a "safe grad" party. He died hours after being

picked up in the morning, while his family was en route for an ATV trip in their camper.

"He went to lay down in the trailer on our way, he had been up all night," his father David Larson said.

"We found him hunched over in the bathroom and did CPR until the ambulance showed



Steven Larson

up." David said his son was acting normally in the hours before his death, and wasn't showing any warning signs of illness before he died suddenly.

His family won't know what took his life until receiving results from an autopsy conducted later today.

Officials at the Rocky Mountain House General Hospital told David his son's body wasn't exhibiting any signs of a drug overdose.

Minus a few joints passed around at the party, the grads kept it clean, partygoers confirmed, adding Steven sat around chatting with friends all night.

"He would have let us

know if he was on drugs. He was pretty clean-cut," his father said. "He brought a full bottle of booze to the party and came back with three-quarters of it."

Funeral arrangements are postponed until the cause of death is determined. A memorial by his son's grad party committee is in the works, David added.

## NAIT gives shelter gift that keeps on grilling

**KENDALL WALTERS**  
for Metro Edmonton

SunnySide

A light snow fell softly as a steaming barbecue provided by NAIT students grilling lunch for hundreds of inner-city Edmontonians yesterday.

The barbecue was handcrafted by NAIT sheet metal students and donated by the school to Boyle Street Community Services. The pair jointly hosted a barbecue to celebrate the handoff.

"It's the first time we've ever donated something like this," said Les Carr, associate chair of the sheet metal program at NAIT. "We build a couple of them every year."

It all started last year around Canada Day when Boyle requested to borrow one of the large barbecues crafted by NAIT. This year,

NAIT asked suppliers to contribute more than \$3,000 of materials so they could donate the barbecue to the centre.

"This donation is a unique donation without a doubt, and a very generous one as well," said David Berger, deputy director at Boyle Street Community Services. "It expands our ability to offer more community-oriented programs."

Students volunteered to man the barbecue at the event.

"I wanted to see it actually lit up and working," said Sterrin Kereliuk, one of three NAIT sheet metal students who built the barbecue.

"When you put so much work into it, it's nice to see where it's going."

**"When you put so much work into it, it's nice to see where it's going."**

Sterrin Kereliuk



Sterrin Kereliuk, a fourth-year sheet metal student at NAIT, flips burgers on her final project at Boyle Street Community Services yesterday. The barbecue was donated to the centre and was used to help kick off summer for the inner-city clients.

### News in brief

**THEATRE** A new generation of artists, playwrights and stage fans are getting their chance to show their craft to eager audiences. Teens @ The Turn Theatre Festival 9 is a youth theatre festival that gives teenagers the chance to work with established theatre members in town through events, shows and readings. The festival begins on May 22 and lasts until May 30 at the Citadel's Rice Theatre. Tickets can be purchased for \$15 for one show, or \$45 for an event package, and can be bought at [citadeltheatre.com](http://citadeltheatre.com) or by phone at 780-425-1820.

**FIRE BANS** Though you would never know it based on the weather in Edmonton, a series of fire bans are taking place across the province as dry conditions continue in central Alberta. Starting immediately the bans will take place in 22 provincial parks and recreation areas. As part of the bans, the use of all wood, briquette and propane fires are not allowed, though gas and propane stoves are permitted for cooking use. Information on all fire ban locations and updates can be found at [albertafirebans.ca](http://albertafirebans.ca).

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### Canadians map flu virus in Alberta swine

Canadian scientists have mapped the full genetic sequence of Influenza A (H1N1), also known as swine flu, that infected a herd of pigs in Alberta, and confirmed it matched the virus spreading in people around the world. **REUTERS**

# Canada



## Officials conduct cormorant cull

Gunfire from Parks Canada officials shattered the silence on Ontario's Middle Island in Lake Erie — where the balance of nature is so delicate visitors are banned from May to September — in a recent cull of cormorants. Officials used .17-calibre rifles to kill 1,600 double-crested cormorants, widely unloved fish-eating migratory birds with the nasty habit of destroying trees in which they nest and the undergrowth beneath. **TORSTAR NEWS SERVICE**

## Canada lifts Mexico advisory

**TRAVEL** Canada is lifting an advisory against non-essential travel to Mexico as cases of Influenza A (H1N1), also known as swine flu, start to wane there.

As well, Canada's chief public health officer, Dr. David Butler-Jones, says this country has seen the worst of the swine flu — for now. **TORSTAR NEWS SERVICE**

## News in brief

**OILSANDS** Canada's oilsands emit more carbon dioxide than average crude so developers need a clearer picture of where greenhouse gas regulations are headed to find the best way to tap the giant resource, experts said. The U.S. House of Representatives has begun debating a climate bill that could regulate emissions. **REUTERS**

## Ottawa Museum day



National Gallery of Canada interpreter Tamara Sponder, right, helps Charran Auguste, 8, with a sun print outside the gallery in Ottawa yesterday. Thousands of people attended as the gallery opened its doors for free for International Museum Day. **TORSTAR**

# Conrad Black faces possible reprieve

U.S. Supreme Court would consider overturn

**In a rare and surprising decision, the U.S. Supreme Court announced yesterday it would consider overturning a fraud conviction against fallen media baron Conrad Black, who is currently serving his 6½-year sentence in a Florida prison.**

The ruling left three of Black's lawyers shocked but elated, noting even supporters of the Canadian-born figure know how unusual it is for judges of the nation's highest court to rule in favour of a request by a criminal defendant.

"It is estimated that only about one in 500 applications for certiorari (review of a lower court's decision) are successful," said Black's Chicago-based lawyer, Edward Genson.

"One in 500 would be generous. It's always a surprise to get it."

As usual, the court gave no reason for its decision.

Miguel Estrada, who prepared the appeal for Black and former executives John Boulton and Mark Kipnis, saw the decision as a "preliminary victory" for



Conrad Black

## Business goes on

• Whether it succeeds or fails, Conrad Black's appeal will have no impact on the potential sale of the Chicago Sun-Times, a New York bankruptcy specialist says.

Black, who has maintained his innocence through his ordeal.

Neither Estrada nor Black's Canadian co-counselor, Edward Greenspan, has had an opportunity to speak to Black since the decision, but both are calling this "an emotional time."

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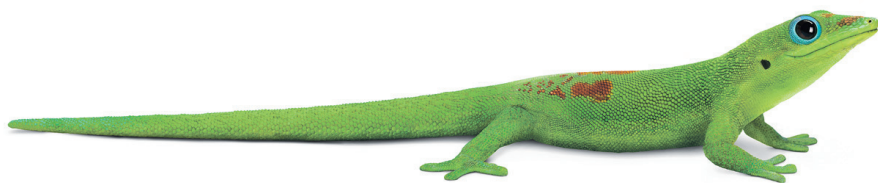
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German woman attacked over asparagus prices

German police are searching for a motorist who assaulted a 24-year-old woman selling white asparagus because he was upset about the price she was charging for the vegetable. Prices for white asparagus in Germany fluctuate wildly during the spring. **REUTERS**



# World

## Women enter Kuwaiti parliament

Four women won seats in Kuwait's parliament Saturday, a first in the Arab state's history. Aseel al-Awadhi, Massouma al-Mubarak, Salwa al-Jassar and Rola Dashti, left, were elected. Women were first granted the right to vote and run for office in Kuwait in 2005. Despite the progress, analysts say the election is unlikely to end the political deadlock that has delayed economic reforms in the Persian Gulf nation. **REUTERS**



## Twenty-four get death penalty

**EGYPT** An Egyptian court sentenced 24 people to death yesterday on murder charges for taking part in a gunfight last year in a dispute over agricultural land in the Nile Delta in which 11 people were killed, local court sources said. The gunbattle erupted last March in the northern province of Beheira between two groups of private security men — employed by two rival associations that both claimed title to the land — when one side tried to take the land by force from the other. **REUTERS**

## Defeat met with doubt

**Tamils and their supporters demonstrating outside Britain's parliament yesterday refused to believe that Sri Lanka's long civil war was over or that separatist Tamil Tiger rebels were defeated.**

"It's not true, no way," Sri Lankan-born Jey Moorthy, 23, said of Sri Lanka's declaration of total victory in one of the world's most intractable wars.

Moorthy, who said he was "proud to say I'm a Tamil Tiger," did not believe a Sri Lankan state television report that rebel leader Vellupillai Prabhakaran had



Pro-Tamil demonstrators scuffle with police in London.

been killed.

The United States, Canada, the European Union and India regard the rebel Liber-

ation Tigers of Tamil Eelam as a terrorist group.

Prabhakaran, 54, had sworn he would never be taken alive.

Sri Lankan president Mahinda Rajapaksa had already declared victory on Saturday, even as the final battle in Asia's longest modern war was intensifying after the last of 72,000 civilians held in the war zone had been freed. **REUTERS**

## Pandemic may be unfolding: WHO

Humanity may be witnessing a flu pandemic unfold, the head of the World Health Organization said yesterday, as Japan reported a big jump in infections with the newly discovered influenza A (H1N1) virus, also known as swine flu.

Influenza fears dominated the start of the WHO's annual congress in Switzerland, where many of the 40 countries touched by the strain urged the United Nations agency to rethink its pandemic alert scale, now at the second-highest notch.

WHO director-general Margaret Chan said the outbreak needed to be tackled with seriousness even though its symptoms appear to be largely mild.

"For the first time in humanity, we are seeing, or we may be seeing, pandemic influenza evolving in front of our eyes," Chan told the World Health Assembly meeting. According to the WHO, 74 people have died from the virus. Most of the other nearly 9,000 patients have suffered mild effects from the bug. **REUTERS**

### News in brief

**INSURGENCE** Pakistani soldiers were locked in heavy fighting with Taliban militants yesterday, the army said, as the government won support for the offensive from political parties. **REUTERS**

### EU seeks human-rights inquiry

• The European Union called yesterday for an independent investigation into alleged violations of human rights law in Sri Lanka's war. EU foreign ministers said they were ap-

palled by the loss of innocent lives and the numbers of casualties, including children, in fighting between government forces and the Tamil Tiger rebels.

### News in brief

**EARTHQUAKE** Production at California oil refineries owned by Valero, BP and Tesoro were not impacted by an earthquake that hit the region late Sunday,

sources said yesterday. The quake had a magnitude of 5.0 and was considered "moderate," according to the U.S. Geological Survey. **REUTERS**

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Join The Alberta Caregivers Association Saturday June 13, 2009 at 2:30 pm at the Royal Alberta Museum for a performance of Heal Thyself. Based on the real-life stories of the performers, it captures the complicated emotions that come from taking responsibility for caring for a loved one.

Do you help elderly family members with cleaning, shopping, going to appointments, or other tasks? Does someone in your family have a disability or long-term illness that requires other family members to help them out? This is called caregiving — and people who take on these responsibilities are called "caregivers".

*Heal Thyself breaks the silence about the joys and pains of caring for a loved one.*

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# Comment & Views

## Comment

# Harper, the Sun King of subterfuge

## National Report

### Lawrence Martin

metronews.ca/nationalreport

In Ottawa, two people below the prime minister hold the power. They are his chief of staff and the clerk of the Privy Council. Compared to these guys, cabinet ministers are small players. Until recently, Stephen Harper, Sun King of the

great north, wouldn't even allow most of his cabinet ministers to answer questions in the House of Commons. His then-House leader, Peter Van Loan, was directed to respond to most queries by attacking the questioner.

One would think, given the degree of importance of the chief of staff and the clerk, that the public would or should be familiar with them. But there's not one in a hundred Canadians who even know their names.

This month, in a major shakeup that had broad ramifications for the gov-

ernment, the clerk, Kevin Lynch, was replaced. We don't know whether he was pushed out or left voluntarily. Rather than delve into that story, we in the media fixated on Rubygate — that critical question of whether or not backbench MP Ruby Dhalla was a meanie to her mother's Filipina caregivers.

The media's focus on this soap opera — Dhalla has a shapely body and wears spiked heels — was something to behold. It's like we all descended from the Daily Mirror of London's formerly famed Fleet Street.

What's next? Is everybody in the nation's capital going to be under the microscope for how they treat their domestic help? What if, for instance, some clearly negligent minister of the Crown doesn't leave out enough potato chips for his or her babysitter? What will happen then?

Granted, Dhalla was the Liberals' multiculturalism critic and is of immigrant stock herself. So the accusations that came her way, charges she strongly denies, were meritorious of some coverage — especially by the tabloid media. But com-

pared to the power shift in the Prime Minister's Office, which was of 20 times the importance, Rubygate was a laugher.

The root of the problem, why the media got it upside down, lies in the way they cover Ottawa, which is upside down. In Ottawa, the power lies in the Prime Minister's Office and Privy Council Office, the government's executive branch. But they are housed in the sealed-off Langevin building. No journalists get near them. Instead they congregate in Parliament Hill, the legislative branch that

caters to the Sun King's every whim.

By contrast, in Washington the media have quarters in the executive branch, the White House. Their focus is chiefly there, as opposed to Capitol Hill. Americans therefore tend to get to know who their chief power players, the Karl Roves of the world, happen to be. Here, because our media still hold to an archaic system of coverage, we chase nannies.

Lawrence Martin is a journalist and author of 10 books who writes about national affairs from Ottawa.

## Views

# Is the future still black and white?

## InBusiness

### Charles Davies

What a sorry coincidence. The very week the National Post publishes a series of articles underlining the importance of newspapers, it temporarily drops its Monday edition as a cost measure.

Canadian newspapers generally are suffering these days due to much reduced ad revenues and relentless cost pressures. Against the backdrop of the U.S., where major

newspapers are cash- and profit-starved, going strictly digital or folding altogether, you begin to think newspapers don't have a future.

The Post, of course, is right to reassert the value of newspapers and to suggest they'll be with us for a long time. The argument really boils down to two points: We need them and we read them.

Newspapers have always been savagely criticized. Even H.L. Mencken, a newspaperman for half a century, observed they were devices "for making the ignorant more ignorant and the crazy crazier."

Most, however, have given newspapers and other elements of the fourth estate their due as guardians of

democracy, independent overseers with the ability to alert the rest of us to abuse and excess.

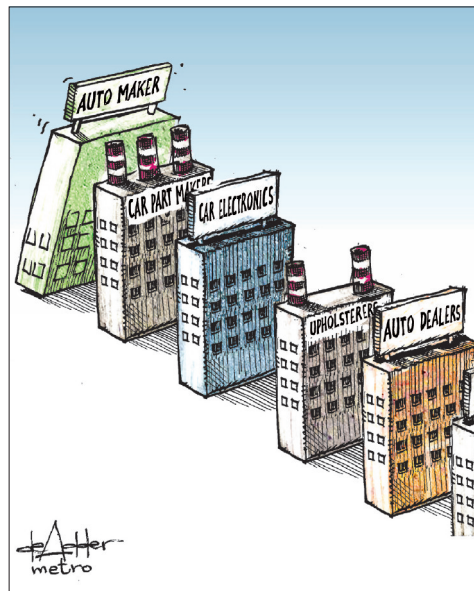
You can argue forever about the relative accuracy of newspapers, but the fact is they have been around a long time and developed journalistic traditions that render what's on the printed page more — rather than less — truthful. And with new and questionable sources of information and comment proliferating hourly on the Internet, newspapers' "truthiness," — as Stephen Colbert would say — is golden.

Recent Newspaper Audience Databank (NADbank) numbers show people understand this. Readership in

Canada's 19 largest markets has been remarkably stable for five years, and readership of daily newspapers around the world has grown.

But neither audience strength nor civic virtue guarantee a healthy future for newspapers. Once the recession ends and revenues come back, publishers will still have to confront the thorniest challenge of the Internet era: Finding new and profitable ways to get valuable and trusted content into the hands of a shifting audience.

Charles Davies is a veteran business writer and editor who has worked for news organizations and publications including Business Week, Canadian Business, Report On Business magazine, Reuters, and Financial Post.



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8

American Apparel Inc. settled film director Woody Allen's lawsuit over the company's use of his image on billboards in New York and Los Angeles for \$5 million US, Allen said yesterday as the case was about to come to trial. **REUTERS**

**Woody Allen wins \$5M settlement in lawsuit over advertising**

## Business

EDITOR: FERMIN.DESOUZA@METRONews.CA

## Credit-card users in tough

**Stubbornly high credit-card interest rates and recent moves by several banks to hike rates on personal lines of credit are frustrating many Canadians — at a time when the Bank of Canada has slashed its key overnight rate to a historic low of just 0.25 per cent in a bid to revive the economy.**

Banks explained the re-

cent moves to raise rates on lines of credit by saying their cost of borrowing has risen dramatically amid the credit crunch. That argument holds less water lately, since credit conditions have improved this year and the banks' cost of capital has fallen.

But credit-card holders carrying a balance aren't likely to see relief anytime

soon. Financial institutions may be paying less to borrow certain funds, but experts say that is unlikely to have a downward pressure on rates. That's because most of those loans are not backed by collateral, making them relatively "risky" even in good economic times.

The unemployment rate is at a seven-year high,

which is fuelling a spike in credit-card defaults and personal bankruptcies.

Most banks are expected to report climbing losses on cards when they disclose their second-quarter results later this month — that's despite taking action to cut credit limits on dodgy accounts and hiking penalties for those who pay late. **TORSTAR NEWS SERVICE**

## Norway's government delays vote on oilsands

**PROJECT** Norway's centre-left government effectively delayed a parliamentary vote yesterday on whether majority state-owned oil-and-gas producer Statoil-Hydro should withdraw from a \$2-billion US Canadian oilsands venture.

The oilsands issue has

put the government in a bind four months before a general election, with political opponents saying state support for the oilsands project was hypocritical given the cabinet's self-professed environmental ambitions.

Affluent Norway — the

world's No. 6 oil exporter and third biggest gas exporter — likes to see itself as a champion of green policies, and the government even plans to make the country carbon-neutral by 2050.

Activist groups have led an active media campaign

against oilsands in recent days

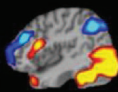
Statoil bought 257,000 acres of oilsands leases in Alberta in 2007 to diversify from its aging North Sea oilfields. Last year it dropped plans for a \$12-billion refinery in the province. **REUTERS**

## Research Participants Needed

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# How to Get FREE MONEY To Start or Expand Your BUSINESS, Pay for an EDUCATION, or Invest in REAL ESTATE!

By Chris Johnson  
FREE MONEY Expert

Dear Friend,

**FREE MONEY.** Sounds too good to be true doesn't it? The fact is, Canadian governments at all levels – federal, provincial and municipal – have hundreds of programs designed to do one thing...

**To handout millions of dollars to Canadians each and every year!**

If you're a **BUSINESS OWNER or ENTREPRENEUR** there is FREE MONEY available to start a business, expand a business, hire new employees, buy new equipment, buy new vehicles, develop new products, fund new research, plus countless other opportunities. There are grants, subsidies, zero interest loans, low interest loans and even loans you don't have to ever pay back!

If you want to **pay for an EDUCATION for yourself, your employees, a child or grandchild**, there are thousands of scholarships, awards, and bursaries to attend college, university or trade school. Plus there are thousands of private foundations and organizations who also make funds available for education.

If you're a **REAL ESTATE INVESTOR**, there is FREE MONEY available for down payments on houses and multi-family buildings, for closing costs, to renovate and upgrade existing properties, to help your tenants pay you, to pay your mortgages, plus many other programs.

**Why Haven't Most Canadians Heard of These FREE MONEY Programs?**

If there is so much money available, why don't most Canadians know about it? While governments are good at putting money into these FREE MONEY programs, they spend very little on making Canadians aware these funds exist. Most programs are not advertised!

And private foundations are even worse. Many grants, bursaries and scholarships are not even listed anywhere except in obscure catalogues.

It's almost as if all this money was hidden away in a...

## FREE MONEY VAULT

To access this FREE MONEY VAULT, you need to have 2 "special keys."

The first "special key" is knowing what FREE MONEY Programs exist and where to find all the information about them. The second "special key" is perhaps even



**Chris Johnson**  
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more important – knowing when and how to apply so that you get the money!

I don't just teach people which programs exist, I also share my knowledge on how to **find the right program and how to successfully apply for the money.**

This is essential, and it's why I'm invited to speak at financial conferences across North America. In fact...

**I've shared the stage with Donald Trump, Al Gore, Suze Orman, Tony Robbins and Robert Kiyosaki**

I've helped over 3,257 people all across North America to get the FREE Money they deserve for their business... for their education... for their real estate deals.

I've also spent thousands of hours researching how these FREE MONEY Programs work **right here in Canada.** I've mastered...

## The 2 Keys to the FREE MONEY VAULT

Now, I've uncovered the **most important and profound FREE MONEY knowledge I've ever seen.** And I'm ready to share with you!

I've "packaged" 27 months of research on FREE MONEY into an action-packed, "intensive" Presentation called **How to Unlock Canada's Free Money Vault™** that I guarantee will show you, step-by-step, how to get FREE Money to invest in REAL ESTATE, to start or expand a BUSINESS, or to pay for an EDUCATION!

## Be One of the Select Few in Canada to Discover My FREE MONEY Secrets!

After months of pressure, I've finally agreed to offer a limited number of FREE PRESENTATIONS in selected Canadian cities in 2009. Here's a list of just some of the topics I'll be revealing to you in my 3-hour Presentation:

- ✓ **The 3 secrets to getting FREE MONEY to purchase or upgrade your real estate... and how to use them to maximize your cash flow!**
- ✓ **A step-by-step system to get FREE MONEY to expand your existing business... or to start a new business!**
- ✓ **The 3 Forces propelling Government FREE**

## MONEY Programs and what you need to know to make them work for you!

- ✓ The hidden reason why the government gives away FREE Money to Canadians each and every year and how to use this secret to dramatically increase the odds of getting all the money you want!
- ✓ **The 4 myths of scholarships and the 2 things you need to know to get your education paid for!**
- ✓ Create a "FREE MONEY machine," that works without you, even while you sleep!
- ✓ **The 2 "Super Strategies" that almost guarantee the chances of getting your grant application approved every time!**
- ✓ And much, much more!

## But my presentation is NOT for everyone...

People all across North America have paid up to \$39 or more to attend "seminars" not even half as good as my breakthrough Presentation. But for a limited time only, I am inviting you and one, and only one, guest to attend my Presentation **How to Unlock Canada's Free Money Vault™ absolutely FREE!** You can bring a friend, colleague, or family member.

## Special Bonus Presentation to Reveal the Hottest Trend on the Internet!

The sponsors for my presentation are BBT Events, and they've announced that they've arranged for an Internet wealth strategist to join me on stage!

I don't have the details about the guest speaker, other than he would be revealing the hottest trend so people like you can make money on the Internet.

## Don't Miss this Opportunity to Learn About These Amazing FREE MONEY and Internet Secrets... Reserve Your Seat – before it's gone for good!

Seating is limited to 85 people per seminar, so... **CALL 1-800-286-2736 ext. 85** (24 hours a day, 7 days a week incl. Sundays). Because once the seats are gone (and they will go – I promise you this), they're gone and there will be nothing I can do about it. **DO IT NOW!**

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**Donald Trump, with fellow expert, Chris Johnson and his wife Nicky**

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– Derek S., Calgary, AB



"Your seminar gave me confidence to check the possibility of getting a government loan to start a **coffee vending business** and jumping into the first business in my life. I **got a loan of \$21,132** from the CSBF (Canada Small Business Financing) Loan credit facility. Thank you Chris for your encouragement!!"

– John K., Surrey, BC

"[With your information], I was able to successfully secure a contract to **pay for 55% of the wages for my assistant for up to twenty six weeks.** This provides a savings for me of almost ten thousand dollars. Thank you, Chris for putting this valuable program together!"

– Dr. Nick V., Niagara Falls, ON



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## Your Money

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AlisonOnMoney

Alison Griffiths

[metronews.ca/alisononmoney](http://metronews.ca/alisononmoney)

There's nothing lonelier than a single bill pinning away in your wallet ... unless, of course, that bill happens to have Sir Robert Laird Borden's face on it, which means you've got 100 bucks cooling its heels, waiting to be spent.

But let's assume it is Sir Wilfrid Laurier — a fiver, in case you didn't know — who is keeping receipts company in your purse or wallet. When you hove in to sight of a java joint and pull out the Great Conciliator — yes, this column is a history lesson as well as a money lesson — you are



There's a distinct cognitive event that happens when you handle money. It's called awareness.

likely to think twice about using it all up.

Cash controls spending, plain and simple. Using cash to pay for everyday purchases such as coffee, transit, lunch and magazines alerts you to the idea that you're actually spending real money. You just don't get the same caution-

ary sense when you haul out plastic, be it a debit card or a credit card.

There's a distinct cognitive event that happens when you handle money. It's called awareness. Over the counter goes the fiver and back comes a loonie, a dime, two nickels and four pennies. You drop the pen-

nies in the "Give a Penny Take a Penny" bowl and pocket the rest.

I'm betting that everyone reading this column has just added up the change. Some of you have added up the change and then subtracted the four pennies to determine how much money was left from the pur-

chase. And a few of you are calculating, even as you read, what that purchase might have been by the amount spent.

Was it a frap, cap, latte, green tea and cookie? You see, you are much more conscious of this imaginary purchase than if you had paid with plastic. Now, add in the awareness of the bills left in your wallet and you become attuned to

your temporary wealth, or lack of it.

At the end of the day, what encourages us or cautions us about spending is knowing where you're at and using cash will do it every time.

For more about Alison's show Maxed Out, and for local times, visit [wnetwork.com](http://wnetwork.com).

Alison Griffiths is a financial journalist, author and host of Maxed Out on the W Network. Write to her at [alison@alisongriffiths.ca](mailto:alison@alisongriffiths.ca).

**Alison's Money Rule:**

- Cash controls spending. Using cash to pay for everyday purchases alerts you to the idea that you're actually spending real money.

## On the web

## Columnists:

- Henry Choo Chong goes into the details of the new Home Renovation Tax Credit in his Money Matters column. Visit [metronews.ca/moneymatters](http://metronews.ca/moneymatters)
- The Smart Cookies offer tips on saving cash on beauty products. Visit [metronews.ca/smartcookies](http://metronews.ca/smartcookies)



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Belgium's bodybuilding championships came to an abrupt end over the weekend when all 20 competitors withdrew after anti-doping officials showed up to test them. **METRO NEWS SERVICES**

# Sports

SPORTS@METRONews.CA

## Sports in brief

**BASEBALL** Alex Rios tripled home the winning run with two outs in the bottom of the eighth inning, lifting the Toronto Blue Jays to a 3-2 victory over the Chicago White Sox and a four-game series sweep at Rogers Centre. The Jays now hold a 3½ game lead in the AL East.

**FOOTBALL** Retired quarterback Brett Favre will reportedly meet with renowned orthopedist Dr. James Andrews today to discuss surgery on his shoulder, which would pave the way for the future Hall of Famer to sign with Minnesota.

METRO NEWS SERVICES

## SCOREBOARD

### MLB

**YESTERDAY'S AL RESULTS**  
Toronto 3 Chicago White Sox 2  
N.Y. Yankees 7 Minnesota 6  
Tampa Bay 13 Oakland 4  
L.A. Angels at Seattle

**YESTERDAY'S NL RESULTS**  
Pittsburgh 12 Washington 7  
Colorado 5 Atlanta 1  
Arizona at Florida (ppd)  
Milwaukee 8 St. Louis 4  
N.Y. Mets at L.A. Dodgers

**TODAY'S AL GAMES**  
Toronto at Boston  
Texas at Detroit  
Baltimore at N.Y. Yankees  
Oakland at Tampa Bay  
Cleveland at Kansas City  
Minnesota at Chicago White Sox

L.A. Angels at Seattle

**TODAY'S NL GAMES**  
Pittsburgh at Washington  
Colorado at Atlanta  
Arizona at Florida  
Philadelphia at Cincinnati  
Milwaukee at Houston  
Chicago Cubs at St. Louis  
San Francisco at San Diego  
N.Y. Mets at L.A. Dodgers

### NHL

**YESTERDAY'S RESULTS**  
Pittsburgh 3 Carolina 2

**TODAY'S GAME**  
Chicago at Detroit

**THURSDAY'S GAME**  
Carolina at Pittsburgh

**FRIDAY'S GAME**  
Detroit at Chicago

**SATURDAY'S GAME**  
Pittsburgh at Carolina

**SUNDAY'S GAME**  
Detroit at Chicago

**TUESDAY'S GAME**  
Pittsburgh at Carolina

### NBA

**TODAY'S GAME**  
Denver at L.A. Lakers

**WEDNESDAY'S GAMES**  
Orlando at Cleveland

# Pens draw first blood

Stanley Cup

2009 Playoffs

(Pittsburgh leads series 1-0)

Carolina 2 Pittsburgh 3



Evgeni Malkin had a goal and an assist while Marc-Andre Fleury made 23 saves to help the Pittsburgh Penguins take Game 1 of their Eastern Conference final series against the Carolina Hurricanes with a 3-2 win.

Philippe Boucher added a goal and an assist while



## Roy plays coy

Hall of Fame goaltender Patrick Roy, left, has denied being offered the Colorado Avalanche's coaching job. Citing anonymous league sources, the Denver Post reported yesterday that Roy had received an offer and was mulling it over. The Avalanche declined comment. The coaching job is currently held by Tony Granato. **METRO NEWS SERVICES**



Pittsburgh's Miroslav Satan scores on Carolina goalie Cam Ward last night in Game 1 of the NHL Eastern Conference final. Pittsburgh won the game 3-2.

Miroslav Satan also lit the lamp for the Pens, who are in the conference finals for the second straight season after beating Philadelphia and

Washington. Chad LaRose and Joe Corvo each scored a goal while Cam Ward made 28 stops for the Hurricanes, who defeated New Jersey

and Boston to reach the conference finals for the first year since their Stanley Cup-winning 2006 campaign.

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## PRACTICAL NURSE DIPLOMA INFORMATION NIGHT

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«WIRELESSWAVE»

**WAL-MART**

## Court set to rule on control of Coyotes

**If hockey in the desert is finished, the NHL made sure it will go out in a blaze of glory. Or at least in a torrent of court documents.**

Judge Redfield Baum will today weigh in on the Phoenix Coyotes' bankruptcy and could even decide the future of hockey — in Glendale, Ariz., and in Hamilton, Ont. — in a case that has the attention of North America's sports leagues because of its ability to set a precedent on franchise relocation.


The NHL used the final day to launch a flurry of filings, including the first legal declaration by commissioner Gary Bettman that he was running the team, and two motions that seek to have key evidence struck down.

The NHL also got support from the NFL, Major League Baseball and the NBA, which filed statements asking Baum to "respect the National Hockey League's rules and procedures regarding ownership transfer and relocation."

The three leagues asked that the court "not set precedent" or "avoid precedent" that could disrupt their businesses.

But Baum must first decide today who controls the team in order to decide whether the Chapter 11 bankruptcy is legitimate and whether the sale of the team — through an auction with Balsillie's \$212.5-million US offer standing as the first bidder — can proceed.

TORSTAR NEWS SERVICE

 All through history the great religions have spoken to the return of a future Teacher. The Christians hope for the return of the Christ, the Buddhists look for the coming of a new Buddha, while the Muslims await the Imam Madhi, the Hindus a reincarnation of Krishna and the Jews the Messiah. How will we know Him? Surely He will ring our hearts with a message of sharing, justice and brotherhood. How can we prepare the way for Him? Each day brings opportunities, large and small, to act in favor of unity and justice. Our willingness to share will make a real difference in our world.

[www.shareintl.org](http://www.shareintl.org)

# Health & Beauty

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA



## Vitamins not always healthy

**STUDY** Here's more evidence you shouldn't load up willy-nilly on vitamin pills. Many people think if they exercise and take vitamins, they can prevent diabetes and other diseases. A new study has found that taking vitamins E and C actually blocks the beneficial effects of exercise.

A team of researchers from German and U.S. universities studied 39 healthy young men enrolled in a four-week exercise training program. Some took vitamins and some didn't. Exercise had a beneficial effect on metabolism only in those who did not take the vitamins. "Individuals at risk for diabetes and maybe even some with type 2 diabetes itself need to think carefully about the use of these vitamin supplements, especially if they exercise regularly," says Dr. C. Ronald Kahn from Harvard Medical School.

CELIA MILNE/FOR METRO CANADA

## Boob job? Buyer beware

Make sure you find a qualified surgeon; do your homework beforehand

CELIA MILNE  
for Metro Canada

**Thinking of having breast augmentation or liposuction? Make sure you go to a qualified doctor.**

More than half a million Canadians seek cosmetic enhancements each year and surveys show only one-quarter of them have done their homework beforehand.

Tania from Waterdown, Ont., made sure she was educated before making the big decision. She had a breast augmentation in April 2008, when she was 31. "I was an A. I'm a C now," she says. "I love it, I love it. You know what? I love it!"

Tania researched for two years before deciding to have her surgery done by Dr. Frank Lista, a certified plastic surgeon and med-

ical director of the Plastic Surgery Clinic in Mississauga, Ont.

But not everyone goes to a qualified surgeon. Lista is very concerned that people are being lured by non-surgeons.

"A non surgeon can do surgery on a patient without restriction," he says. "I see people all the time who say, 'my breast surgery was

botched or liposuction has ruined my life.' I ask who did it and find out it was not a plastic surgeon. People are being misled," says Lista.

For instance, someone might advertise that they are a "licensed cosmetic surgeon" but there is no such specialty. "These people are sneaky," says Lista. Unfortunately, buyers have to beware because, he says, the field is not regulated. "Restaurants are bet-

### check credentials

- To find out if a doctor is a specialist and what kind of specialist he or she is, go to [www.royalcollege.ca](http://www.royalcollege.ca) and type in their name. Their specialty will be listed there.

CELIA MILNE



STOCK PHOTO

If you're considering breast augmentation, liposuction and/or a facelift, make sure the doctor you select is a certified plastic surgeon and find out how many similar surgeries he or she has performed.

ter regulated than surgical facilities," he adds.

The Canadian Society for Aesthetic Plastic Surgery and the Canadian Society of Plastic Surgeons have teamed up to let Canadians know that they need to be cautious when seeking procedures like breast augmentation, liposuction and facelifts. Ask four questions before committing to a surgeon: Are you a certi-

fied plastic surgeon? How many surgeries like this have you performed? Do you have hospital privileges to perform these types of procedures? At which hospitals?

Tania ended up choosing Lista because she checked his credentials on the centre's website and she felt he was very credible. She also "liked the vibe" of his clinic when she went for a

consultation. The breast surgery cost her \$6,500. "Do a lot of research," she suggests to those who are interested. "Speak to someone who has had it done. If you go in looking for a deal, you're looking for trouble."

She is very pleased with her new size C breasts. "I feel they're part of my body and I've always had them."

## Smokes: First you'll feel green, and then you'll die

**ENVIRONMENT** Cigarette companies are promoting health – for the environment.

In a full-page advertisement inside Toronto Life magazine, du Maurier Canada boasts of its new "greener" cigarette packages, which, at this rate, may soon be safer to smoke

than the products they contain.

Parent company Imperial Tobacco has replaced foil wrapping with paper and uses external cardboard packaging that "meets standards supporting sustainable forest management," according to the ad. "Small steps make the

difference," it reads.

Gideon Forman laughed when asked about it. Later, when he stopped laughing, the spokesperson for the Canadian Association of Physicians for the Environment said: "Is it green washing? Yes. 'Are they making a product that is still toxic to people's health? Yes."

"So they are now making a product with a little bit more paper. Big deal."

Imperial Tobacco Canada spokesperson Eric Gagnon responded, "Our product is going to be in the waste or the dumpster, so what we try to do in terms of ... corporate social responsibility is do it in a good manner." Heather Marshall specializes in waste packaging issues for the Toronto Environmental Alliance.

TORSTAR NEWS SERVICE

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## SPECIAL FOCUS ON:

## Plastic Surgery

## health &amp; beauty 15

# Betrayed wives talk to cope

Elizabeth Edwards pulls back the curtain on infidelity, says expert

## The J Spot



Salon.com called her book tour "one of the most sado-masochistic publicity jaunts in political history."

New York Times columnist Maureen Dowd criticized her for dragging her husband "back into the public square for a flogging."

But Ruth Houston, infidelity expert, founder of InfidelityAdvice.com and author of *Is He Cheating on You?* 829 Telltale Signs, thinks Elizabeth Edwards should be commended for writing and speaking so candidly about her husband's (former presidential candidate John Edwards) extramarital affair and the effect it has had on her both physically and emotionally in her new book *Resilience: Reflections on the Burdens and Gifts of Facing Life's Adversities*.

"By doing so, she has pulled back the curtain and exposed aspects of infidelity that the public rarely gets to see," says Houston. "Women with cheating spouses or significant others need to see that they are not alone — that all women face similar issues when trying to cope with their partner's affair."

It doesn't hurt either she adds, for the cheating cad to see and hear firsthand the hurt, humiliation and heartbreak they inflict when they have an affair.

Usually, when a male public figure has an affair, the focus is on him, the details of the affair, how it will affect his career etc., while his wife is expected to dutifully and literally "stand by her man" in silence.

"Elizabeth Edwards is the voice of those 38 to 53 million women with cheating mates," says Houston.

"When women like Elizabeth Edwards, Hillary Clinton and Dina Matos McGreevey share their personal experiences as betrayed wives, they direct public attention to aspects of infidelity that usually go unnoticed or ignored.



Elizabeth Edwards, right, the wife of former presidential candidate John Edwards speaks candidly about her husband's extramarital affair in her new book *Resilience: Reflections on the Burdens and Gifts of Facing Life's Adversities*.

**"Elizabeth Edwards is the voice of those 38 to 53 million women with cheating mates."**

Ruth Houston, author/infidelity expert

"They reveal a side of infidelity that the public rarely gets to see. Judging from the criticism these women have garnered for

airing their dirty laundry, and openly discussing their husband's affairs, this is a side of infidelity the public would rather not see."

But considering that infidelity in one form or another affects 80 per cent of all marriages and committed relationships, it's a side that needs to be seen.

"There is a need for information, solutions and advice," says Houston. "It helps to know how a role

model handled a similar situation."

Houston's book is available as a downloadable e-book from booklocker.com/books/1755.html.

For insight into why we're so fascinated with the extramarital affairs of public figures, visit my blog, *Sexcetera*, at [metronews.ca/Toronto/blog](http://metronews.ca/Toronto/blog).

Josey Vogels is a sex and relationship columnist and author of five books on the subjects. For more info, visit [joseyvogels.com](http://joseyvogels.com).

## Many opting for less invasive plastic surgery

JANINE FALCONE  
for Metro Canada



**With the obvious exception of certain Hollywood stars — Nicole Kidman, we're looking at you — in most cases, today's name in the cosmetic-enhancement game is "undertreat."**

Top cosmetic dermatologists and surgeons are taking a judicious approach to injectables such as Botox and Juvederm (a filler) and incorporating chemical peels and laser treatments such as IPL (intense pulsed light) and fraxel to help patients look naturally youthful rather than plastic.

"In L.A. the objective tends to be to erase all expression," confirms cosmetic surgeon Dr. Jean Carruthers, clinical professor in the Department of Ophthalmology at the University of British Columbia and one of the pioneers of Botox use in facial rejuvenation.

"Stars know their faces are on display at least 10 times the size of reality and in high definition. But in other cities, we're seeing more sensitivity to needing movement and character in faces."

A proponent of combining Botox treatments with fillers to lessen time's

bootprint on the face, Carruthers says facelift numbers are actually down from previous years.

"We lose volume in certain areas as we age," she points out. "Fillers were about filling in a line or wrinkle, but they've become more important when it comes to replacing volume. They give a softer effect than, say, cheek fillers, and work better with each patient's unique features." Fillers also mean no down time and relatively little discomfort.

Dr. Diane Wong, owner of Glow Medi Spa in Toronto's Yorkville area, says most women still don't want anyone to know they're having anything done.

"My patients don't want the skating-rink forehead; they'd rather keep a few fine lines or small wrinkles. So I take a baby-steps approach." Her objective is not to change the face, but simply to rewind a few years. Wong's undertreat philosophy sometimes has the occasional patient thinking she can't see a difference, but Wong says it's because over time patients adjust to the changes.

"Going through all the 'before' photos we took together always reassures them."

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**Customer Testimonial** - I'd heard about Morning Rise & Shine from a friend who said it gave her that needed edge so I tried it and now it's a part of my morning ritual!  
G. Solomon - Winnipeg MB

Created by  
**RoseMarie Pierce, B.Sc. Pharm.,  
Holistic Pharmacist**  
RoseMarie is a highly respected lecturer, writer, and media personality within the natural health industry.



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H. Wilson - Kelowna BC



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**Prairie Naturals**



Alicia Keys is dating a music producer. Hip-hop star Swizz Beatz — who is currently divorcing his estranged wife, U.S. singer Mashonda — has confirmed he and the singer are in love. [FEMALEFIRST.CO.UK](http://FEMALEFIRST.CO.UK)

# Entertainment

EDITOR: DEAN.LISK@METRONWS.CA



## Nixon engaged

While speaking at a rally for gay marriage over the weekend, *Sex and the City*'s Cynthia Nixon announced her engagement to girlfriend Christine Marinoni, according to Access Hollywood. **METRO WORLD NEWS**

# More than just an action hero

Actor Sam Worthington spreads his wings

NED EHRBAR  
Metro World News

**Sam Worthington is being set up to be the next big action star, but for now he's more concerned with finding a place to live. "I go where the work is," he admits. "I don't have a real home."**

Hoping to start a career hot streak, Worthington opens this weekend in Terminator Salvation alongside Christian Bale. And over the next year, he'll be popping up in a number of other high-profile projects. "I'm doing as much as I can until people realize I'm a sham," he says, grinning.

Four years ago, director

James Cameron tapped Worthington to star in the much-hyped *Avatar*, which is still in post-production. So the actor sold his home and everything in it, packed up two bags and left to film in Los Angeles and New Zealand. "I've still only got two bags — a bag of books and a bag of clothes. That's about it," he says with a shrug.

But Worthington isn't complaining. Far from it — he's enjoying getting to play on big sets and promote massive studio films. "You don't get into this profession for your movies not to be seen, to just show them to your mates at home," he says. "I like the fact that people are going

## Movie feature

to get to see my work and then, fingers crossed, hopefully like what I'm producing. We'll soon find out, won't we? Or I won't be working next year."

Speaking of next year, Worthington is currently filming a remake of the '80s Greek mythology epic *Clash of the Titans*, due next March — "I'm running around in a dress killing everything" is how he describes it. But he hopes audiences can see him as more than just an action hero. "I don't mind taking a few knocks. I'm a boy. But hopefully it's not just, 'Sam's an action dude.' That's not what I



Sam Worthington stars alongside Christian Bale in Terminator Salvation, which opens this week.

want," he says.

Still, while filming *Last Night*, a relationship drama with Keira Knightley

and Eva Mendes, Worthington didn't quite get the same thrill. "I craved a gun and a sword, to be

honest with you," he says. "It was bizarre. In the kissing scenes, I wasn't getting the same kind of rush."

ID	C	B	S	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
2	CFRN	239	318	etalk	Hollywood	Law & Order: SVU	American Idol (HDTV)	The Mentalist (N)	News (N)			
3	KHQ	-	370	News (N)	Be-Millionaire	Jeopardy! (N)	Wheel-Fortune	Outrageous	Outrageous	Law & Order: SVU	Law/Ord SVU	
4	CBXT	-	307	NHL Hockey: Playoffs	CBC News	CBC News	To Be Announced	CBC News: The National	The Hour			
6	KREM	-	372	News (N)	Hollywood	The Doctors		NCIS 'Alyiah' (N)	The Mentalist (N)	Without Trace		
7	CKEM	241	347	Law & Order: SVU	Rita Rocks	Rita Rocks		Scrubs	Scrubs	Curbs-Enthsm	Friends	Your City
8	CITV	240	339	ET Canada	Entertainment	90210 (N)		NCIS 'Alyiah' (N)	Durham County	The Simpsons	King	Metropia
11	OMNI	-	-	Two/Half Men	The Simpsons	News		News	Dancing With the Stars	Dancing With the Stars	The Winner	
13	KXLY	-	371	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	Dancing With the Stars	American Idol (HDTV)	Glee 'Pilot' (HDTV) (N)	News (N)	
16	KAYU	-	373	The Simpsons	Raymond	Dr. 90210 (N)	Two/Half Men	Inside Hollywood	Wild Lives A dolphin calf.	X-Weighted	Frontline (HDTV) (DVS)	Independent
19	CHTV	-	-	The Insider (N)	EI News	Nova (DVS)		My Hero	Summer Wine	Tavis Smiley	Charlie Rose (N)	
22	KSPS	-	374	NewsHour With Jim Lehrer		Frontline (HDTV) (DVS)		CBC News: The National	CBC News: The National	Sex Trade		
24	WTVS	-	364	(6) Nova (DVS)		EarthWatch One		EarthWatch Two				
15	CBNC	502	-	CBC News: The National		EarthWatch One		EarthWatch Two				
21	TWN	505	398	(5) EarthWatch One		EarthWatch One		EarthWatch Two				
27	CNN	500	500	Larry King Live (N)		Anderson Cooper 360 (HDTV)		Larry King Live				
54	CTVN	501	391	CTV Newsnet		News	CTV Newsnet	News	CTV Newsnet	News		
70	BNN	504	508	Squeeze Play		Market Call	Headline	Market Call	Commodities	Business News	Squeeze Play	
20	TSN	400	400	NBA Basketball Western Conference	Final Game 1 -- Teams TBA.			SportsCentre		In This Corner	Her Story	
23	net	408	418	CHL Hockey: Memorial Cup	Sportsnet Connected			Hockey Central	World Sport	Sportsnet Connected	MMA Conn	
47	SPEED	417	406	Drag Race	Drag Race	Super Bikes!	Kawasaki Test	Pimp My Ride	Pass Time	Pimp My Ride	Drag Race	
94	SCORE	410	403	Canadian Poker Tour	Score Tonight			Hardcore Hockey Talk	Final Score	Final Score	Final Score	
9	EDACC	267	351	Alberta Primetime (Live)		Dancing With the Stars		Dancing With the Stars	The Winner			
14	YTV	552	543	Drake & Josh	iCarly	Karaoke Star	Survive This	Malcolm-Mid.	Futurama	Family Biz (N)	Prank Patrol	Falcon Beach
17	TREE	553	546	Little Bear	Maggie-Beast	Comfy Couch	Zigby	Max & Ruby	Babar	Backyardigans	Ni Hao, Kai-lan	Go, Diego, Go!
42	TOON	555	545	Ben 10	Johnny Test	Totally Spies	Total Drama	6TEEN	6TEEN	Futurama	American Dad	Robot Chicken
45	FAM	557	541	Zoe 101	Life Derek	Wizards-Place	Han, Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School
-	TVA	121	714	TVA 18 heures	Sûre-salé	Qui perd gagne (SC)		La Fievre de la danse (SC)		Nos étés (SC)		TVA 22 heures
18	CMT	575	583	Reba	Reba	Hope & Faith	Hope & Faith	Karaoke Star	Cheer Moms	Home Improve.	Home Improve.	Reba
25	A&E	515	520	The First 48 (HDTV)		The First 48 (HDTV)		Manhunters	Manhunters	The First 48 (HDTV)		The First 48
26	MMM	571	581	Hogan Knows	Hogan Knows	Entourage	Gene Simmons	The Daily Fix		Hogan Knows	Hogan Knows	Entourage
29	FOOD	603	561	The F Word		Good Eats	Good Eats	Iron Chef America		Unwrapped	Unwrapped	The F Word
31	SHOW	617	522	Wife Swap		The Outer Limits		Mutant X		The Last Templar * (2009, Adventure)		Deadliest
32	DISC	520	505	Destroyed	One Way Out	Deadliest Catch (N)		Daily Planet		Destroyed	One Way Out	Deadliest
33	SLICE	610	562	Rich Bride, Poor Bride		Rich Bride, Poor Bride		ET Canada	Til Debt-Part	Real Housewives OC		Trading Sp
34	W	602	567	Style by Jury	Style by Jury	Will & Grace	Friends	Remedy Me	Keep Real	Style by Jury	Style by Jury	Good Naked
35	TLC	521	560	17 Kids and Counting		Painted Babies at 17		Little People: Just Married		17 Kids and Counting		Painted Babies
36	BRAVO	620	523	Crossroads of Rock N' Roll		Bravonews	Garrett Mason	Law & Order		Without a Trace		Luna Papa
38	SPIKE	628	584	Deadliest Warrior (HDTV)		Deadliest Warrior (HDTV) (N)		4th and Long (HDTV)		CSI: Crime Scene Investgnt.		Prisoners-Ctrl
40	HIST	522	506	Crime Stories		NCIS 'Requiem'		Marine Machines		Cities of the Underworld		Sandhogs
41	COM	626	547	Laughs	Comedy Now	Air Farce	Just for Laughs	Stargate SG-1		The Simpsons	South Park	Roast-Sageat
43	SPACE	627	528	Torchwood		Extreme Ghost Stories		Family Guy	Family Guy	Star Trek: Next Gener.		Trek: Voyager
44	WPCH	294	560	MLB Baseball		Home Videos	Seinfeld	Departures		Cheers	Cheers	Friends
46	OLN	411	457	Mantracker		Dog the Bounty Hunter		Tube Tales	Seinfeld	Mantracker	Raymond	Family Guy
48	TROP	619	525	What Happen?	What Happen?	Vanity Insanity	Tube Tales	Tube Tales	Seinfeld	Seinfeld	Raymond	Family Guy
50	STAR	621	527	Look-A-Like	Look-A-Like	The Tonight Show-Jay Leno		TMZ	etalk	The View (HDTV)		Ellen Show
52	HGTV	600	564	SarahCottage	Design Inc.	House Hunters	House Hunters	Holmes on Homes		SarahCottage	Design Inc.	HGTV's Top 10
65	TLN	700	800	Nati Ieri		Raymond	Raymond	George Lopez	George Lopez	The Sopranos (SS)		Padago
92	APTN	269	530	Wings-Canada	Storytellers	Wapos Bay	Cashing In	Fish Out	Mixed Blessing	The Rez	Rabbit Fall	Moccasin Flats
93	VISION	261	394	Quantum Leap		I Prophecy	Supernatural	Poltergeist: The Legacy		Conrack *** (1974, Docudrama)		
100	MTV	581	566	Beatdown	College Life	College Life	College Life	MTV Live	After	Fantasy Fact.	Nitro Circus	College Life
101	MM	570	580	CollegeHmr	Video on Trial	Degrassi: TNG	Degrassi: TNG	One Tree Hill		CollegeHmr	Video on Trial	On Set
102	CPAC	512	526	(6:30) Primetime Politics		Revue	The Public Record	Revue	The Public Record	Prime-Politics	Primetime Politics	
103	VIVA	526	507	Missing		Encounters	In Dreams	Psychic Inv.	Encounters	Judging Amy		Missing
106	RDI	126	730	Le Téléjournal (SC)		RDI en direct		Le Téléjournal (SC)		Le Journal RDI	Le National	Le Téléjournal
161	SUPER			Charlie Bartlett ** (2007) (DVS)				(8:45) Bug *** (2006, Suspense)	Ashley Judd.			Danika (2006, Suspense)

## critics'corner

### Roast of Bob Saget

No matter how much your kids may enjoy "Full House" reruns, do not let them watch Bob Saget in the hot seat. As fans of his stand-up routines and film work know, Danny Tanner is only an act; this dude can get down and dirty. And these roasts have never been known for their family-friendly content. 11 PM on COM



### NCIS

Ziva's homecoming to Israel with Gibbs and the rest of the team does not include a happy reunion with her father (guest star Michael Nouri), the head of Mossad. As tensions escalate, Gibbs is forced to make a shocking decision in the new episode "Alyiah." 9 PM on KREM CITY

### The Mentalist

As the team investigates the murder of a girl and the abduction of her sister, Lisbon begins to suspect Patrick is being drawn into a trap set by Red John, the twisted serial killer who murdered Patrick's wife and daughter. In the season finale, "Red John's Footsteps." 10 PM on CFRN KREM

## Weekend box office

- Angels & Demons:** \$48 million
- Star Trek:** \$43 million
- X-Men Origins: Wolverine:** \$14.8 million
- Ghosts of Girlfriends Past:** \$6.9 million
- Obsessed:** \$4.6 million
- 17 Again:** \$3.4 million
- Monsters vs. Aliens:** \$3 million
- The Soloist:** \$2.4 million
- Next Day Air:** \$2.3 million
- Earth:** \$1.7 million **REUTERS**

## Kenya'sStyle

### Kenya Hunt

Read Kenya's blog online at [metronews.ca/globalstyle](http://metronews.ca/globalstyle)

For complete online movie listings, trailers, reviews and tickets, visit: [metronews.ca/movies](http://metronews.ca/movies)



# Halifax

## The city that touches your soul

You'll find so much to do and discover in Halifax, Nova Scotia, the historic city by the sea. Discover Halifax's history, arts, culture, nightlife, cuisine and wine. Explore the coastlines, fishing villages and beaches only minutes from the heart of the city. And feel the warmth and welcome of our city's defining feature: its people.

### Discover Halifax

Follow in the footsteps of princes, privateers and press gangs as you stroll through the safe, walkable downtown experiencing more than 250 years of Halifax history. The heart of the city is the Halifax Harbour, the second largest natural harbour in the world, and the boardwalk that hugs its shore is alive with pedestrian and maritime traffic. Nova Scotia's capital city has an impressive array of museums, galleries, historic sites, colourful gardens and lively nightlife. Unique areas and neighbourhoods offer fashionable boutiques and whimsical craft shops as well as diverse restaurants to choose from, with everything from fresh, local seafood to international favourites on the menu. A year-round tourism destination, Halifax offers an abundance of entertainment options. 18 annual key festivals anchor our entertainment options, celebrating arts, food, entertainment, and music. This summer, check out Catch! Nova Scotia Seafood Festival (June 27-28), the Atlantic Jazz Festival (July 10-18), the Tall Ships Nova Scotia Festival (July 16-20) and Halifax International Busker Festival (August 6-16), just to name a few.

### Bright City, Bright People

The city's nightlife is vibrant— you can experience one or many of the hot spots, from boisterous pubs, to pulsing dance clubs and sophisticated wine bars, within steps of each other downtown, and throughout the city. Take in nightly live music from Celtic to blues to rock. With six-degree granting institutions, Halifax



fax is a bright place, teeming with the youthful energy of students and of learning.

### Deep Sense of History & Culture

Halifax exudes culture and history on every street corner, where buildings dating back to 1749 share waterfront vistas with modern glass office towers. Each day, the ceremonial 'noon gun' fires at the Halifax Citadel National Historic Site, an 18th century fortress in the heart of the downtown

core. Another National Historic Site, Pier 21 - Canada's Immigration Museum, tells the personal stories of the one million people who passed through the doors between 1928 and 1971. Step back in time with a tour of Alexander Keith's Brewery, the oldest working brewery in North America where you'll be treated to a mug or two of famous India pale ale along with Nova Scotian songs and tales. Life here revolves around the sea and our Maritime history is an



essential part of Halifax.

**Close to Nature**

Part of the joy of Halifax is how close it is to nature. Within minutes from the

downtown core, you can be fishing, surfing, hiking, or sea kayaking. Sink your toes into the white sand beaches, or sit on the rocks at Peggy's Cove as the crashing waves mesmerize you and you sink slowly, deeply into the moment.

### Enter to win a trip to Halifax

Enter the Halifax Tall Ships contest at [www.destination-halifax.com/metro](http://www.destination-halifax.com/metro) for your chance to win a trip to Halifax during the July 2009 Tall Ships Festival. The contest, which runs from May 13 until June 12, features a prize vacation package for two, including airfare provided by flyhalifax.com, four nights Halifax hotel accommodations at the Halifax Marriott Harbourfront, an Avis rental car for the duration of the stay, dinner at 5 Fishermen restaurant and VIP passes to the Tall Ships, plus tickets to other great Halifax attractions. Entrants to the Tall Ships contest can earn bonus entries by playing the interactive web game, where they can race Tall Ships across the finish line in Halifax Harbour.

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For more information on perfect Halifax vacations and getaways, visit [destinationhalifax.com](http://destinationhalifax.com). You'll find vacation packages to suit every type of trip, from family fun to culinary and wine themed packages to shopping to romantic getaways. Watch for weekly sell-offs and value-added offers. To stay up-to-date with the latest Halifax news and events, sign up for the E-Halifax newsletter at [destinationhalifax.com](http://destinationhalifax.com).

[www.destinationhalifax.com](http://www.destinationhalifax.com)





Gerard Butler is heading to court to face assault charges, according to Hollyscoop. Butler allegedly punched a photographer and split his lip last October; he claims the paparazzo had been stalking him. If convicted, he could face six months in jail. **METRO WORLD NEWS**

**Gerard's day in court**

## Celebrity Buzz

# Icy mood at birthday bash?

**TROUBLE AT HOME** Jon and Kate Gosselin made their first public appearance together in two weeks — for TV cameras, us-magazine.com reports.

The couple celebrated their sextuplets' fifth birthdays by throwing a party at the Blue Falls Grove water park in Pennsylvania Sunday. Alexis, Hannah, Aaden, Collin, Leah and Joel

played with their older sisters, twins Mady and

Cara, and a few pals as a crew caught it all on film. (The celebration was a week late: Kate spent the afternoon of the sextuplets' actual birthday — Mother's Day — at a tanning salon.)

Jon and Kate hardly interacted at all, according to an eyewitness.

Jon took time to chat with Steve Neild

— the bodyguard his wife became so close to that Jon once considered hiring a private investigator, as the newest issue of Us Weekly reports. The couple left in separate cars.

Jon and Kate haven't been spotted together since the Pennsylvania Women's Show on May 2.

"Six months ago, Kate came to Jon and said, 'Hey, it's over,'" Kate's brother, Kevin Krieder, reportedly told radaronline.com last week. **METRO NEWS SERVICES**



## I'm ugly, Zac's hot: Robert

**FALSE MODESTY?** Robert Pattinson admits that he wasn't too keen on auditioning for the role that made him famous in Twilight because he didn't think he was attractive enough.

"The Edward in the book is like an enigma of everything that's perfect about a man. It's like, 'He walked into a room and it hurts to see how beautiful he is.' It's just kind of embarrassing," he tells Look magazine.

"I felt like an idiot going into the audition. Who could possibly play it apart from Zac Efron?"



## Paris: Not in my backyard?

**NEIGHBOURLY LOVE** Paris Hilton's new neighbour wants her gone — and he's willing to pay.

After having Hilton in the area for just five days, the Hollywood Hills resident is fed up with the repeat visits from the cops for loud parties, screaming and yelling, and vandalism, according to TMZ.

He even tried taking it

up politely with Hilton's boyfriend, Doug Reinhardt, who reportedly told him, "This is what you have to expect because Paris and I are public figures."

So the angry neighbour is taking it up with Hilton's landlord.

Hilton's home reportedly rents for

\$22,000 US a month — and the neighbour is offering to pay \$27,000 as long as Hilton gets the boot.

**METRO WORLD NEWS**



## Fergie cops to bisexual past

**THE PAST** Though she's now settled down with husband Josh Duhamel, Black Eyed Peas singer Fergie admits she has a bit of a wild past — and that past includes hav-

ing sex with women.

"Put it this way, I've experimented definitely, but I have never had a steady girlfriend," she says in an interview with the Sun.

**METRO WORLD NEWS**

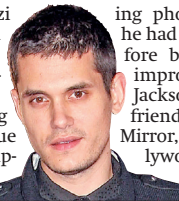


## Mayer's paparazzi prank

**GETTING BACK** John Mayer had a little fun with the paparazzi while leaving a Hollywood nightclub this weekend.

After emerging from the venue covered in lipstick kisses

on his face and shirt, Mayer announced to the waiting photographers that he had 14 girlfriends before breaking into an impromptu Michael Jackson dance while a friend sang Man in the Mirror, according to hollywood.tv. **METRO WORLD NEWS**



## Life's rosy for Pink

**SO HAPPY TOGETHER** Just days after admitting to Ellen DeGeneres that she has rekindled her relationship with estranged husband Carey Hart, Pink and her motocross racer man were repeatedly spotted during a romantic, PDA-filled weekend — proving their marriage is back on, people.com.

On Saturday, the on-again couple shared an intimate late lunch

for two at Stanley's in Sherman Oaks, the Los Angeles neighbourhood where Pink has a home.

"They looked very much in love and happy to be back together," says an observer of the pair's hour-long meal. "The way Carey treated Pink was so sweet. He was a gentleman and even opened the car door for her."

**METRO NEWS SERVICES**



## Lady GaGa's little keepsakes

**ODDITY** Pop singer Lady Gaga is getting famous for her odd approach to pop music, but she has other interesting rituals, too.

The singer says that after she sleeps with someone, she likes to leave a false eyelash behind as a souvenir.

"Whenever I have a lover I leave them in their apartment on the pillow," she tells Independent magazine. "Kind of like a keepsake."

**METRO WORLD NEWS**



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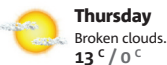


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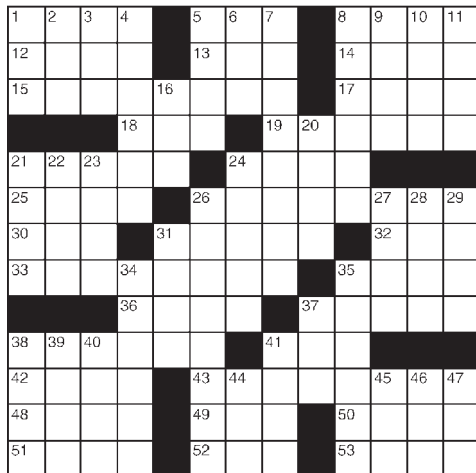
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**Michele McDougall, Weather Specialist & Host — Breakfast Television**  
 "My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes."



### Crossword across

- |                                  |                           |
|----------------------------------|---------------------------|
| 1 Polygraph finds                | 31 One-on-one exams       |
| 5 Jewel                          | 32 Compete                |
| 8 Emoticon, often                | 33 Coverings              |
| 12 Against                       | 35 Arizona city           |
| 13 Floral neckwear               | 36 Kessler's pathway      |
| 14 Winter forecast               | 37 Talk-show group        |
| 15 Yellowtail fish               | 38 Mexican entree         |
| 17 Roll call reply               | 41 Cribbage scorer        |
| 18 Hasten                        | 42 PC symbol              |
| 19 Chest component               | 43 They're catching       |
| 21 Fire                          | 48 Gaelic                 |
| 24 Bruin                         | 49 Charged bit            |
| 25 Ripped                        | 50 Nastase of tennis lore |
| 26 Fun-loving women of the 1920s | 51 Whatever's left over   |
| 30 Common Mkt.                   | 52 Fox competitor         |
|                                  | 53 North Sea feeder       |

### Crossword down

- |                               |                         |
|-------------------------------|-------------------------|
| 1 Part of UNLV                | 24 Boombox sound        |
| 2 Hostel                      | 26 Wild                 |
| 3 Greek vowel                 | 27 Still                |
| 4 Gas thief's device          | 28 Get up               |
| 5 Merriment                   | 29 Cachet               |
| 6 Always, in verse            | 31 October stone        |
| 7 Slip-ups at the poker table | 34 Pluto, once          |
| 8 One of the black keys       | 35 Heckle or Jeckle     |
| 9 From the beginning          | 37 Energy               |
| 10 Heart                      | 38 Layer                |
| 11 Basin accessory            | 39 Farm fraction        |
| 16 Trench                     | 40 Rolling stone's lack |
| 20 Knocks                     | 41 Cookware             |
| 21 Mulligan, e.g.             | 44 Plagiarize           |
| 22 Gardener, at times         | 45 Right angle          |
| 23 Killer whale               | 46 Cage component       |
|                               | 47 Get a glimpse of     |

### PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



6	9	8	4	7	5	1	2	3
4	3	1	9	2	6	7	8	5
7	5	2	8	3	1	4	9	6
5	7	3	1	9	8	6	4	2
2	8	9	6	4	3	5	1	7
1	4	6	2	5	7	9	3	8
9	6	5	3	1	2	8	7	4
8	2	4	7	6	9	3	5	1
3	1	7	5	8	4	2	6	9

Find today's answers + play more games at [metronews.ca](http://metronews.ca)

<b>SUDOKU SOLVE TIME:</b>	17-21 min.....Smart
Under 13 min.....Genius	21-25 min.....Not bad
13-17 min.....Scholar	25+ min.....Keep practising

### Metro Recipe of the Day



### Chicken Chow Mein

#### INGREDIENTS:

4 skinned and boned chicken breast halves cut into bite-size strips  
 Nonstick cooking spray  
 2 tbsp (25 ml) vegetable oil  
 2 stalks celery, cut into 1-in. (2.5-cm) pieces  
 2 medium yellow onions, halved and sliced  
 2 cloves garlic, minced  
 1 1/4 cups (300 ml) low-sodium chicken broth  
 1/4 cup (50 ml) low-sodium soy sauce  
 2 tbsp (25 ml) cornstarch  
 1 tbsp (15 ml) firmly packed brown sugar  
 1 can (14 oz/398 ml) mixed Chinese vegetables, drained  
 1 can (8 oz/199 ml) sliced water chestnuts, drained  
 3 cups (750 ml) chow mein noodles

#### METHOD:

1. Rinse chicken; drain and pat dry. Coat wok or heavy 12-in. (30-cm) skillet with cooking spray. In wok or skillet, heat 1 tbsp (15 ml) oil over moderately high heat. Add chicken and stir-fry until cooked

through, 3 minutes. Using slotted spoon, remove chicken from wok. Cover and keep warm.  
 2. Heat remaining 1 tbsp (15 ml) oil in wok. Add celery, onions and garlic. Stir-fry until almost tender, 2 minutes.  
 3. In small bowl, whisk chicken broth, soy sauce, cornstarch and brown sugar. Add to wok along with Chinese vegetables and water chestnuts. Bring to boil and cook until sauce thickens and vegetables are heated through, 1 minute.  
 4. Return cooked chicken along with any juices to wok. Bring to boil and cook until heated through, 1 minute. Spoon chicken mixture over chow mein noodles.

**SERVES 4**



### Horoscopes by Sally Brompton

[sallybrompton.com](http://sallybrompton.com)

#### ARIES

**MARCH 21-APRIL 20**  
 You may be tempted to do something outrageous but there's a danger you'll go too far and others will think you're too extreme.

#### LIBRA

**SEPT 23-OCT 23**  
 You may be entitled to feel pleased with yourself but even better opportunities are now coming your way. Always aim higher.

#### TAURUS

**APRIL 21-MAY 21**  
 The sun may be ending its transit of your sign but you'll get a final throw of the dice today; your lucky number will come up.

#### SCORPIO

**OCT 24-NOV 22**  
 You can expect some kind of reward for working with others towards a common aim or goal over the past few weeks.

#### GEMINI

**MAY 22-JUNE 21**  
 The sun's entry into your birth sign tomorrow marks an exciting new phase, in which you'll be encouraged to aim higher than ever.

#### SAGITTARIUS

**NOV 23-DEC 21**  
 A friend or colleague may have done something shocking but you don't know the tangle of reasons for it; try not to be judgmental.

#### CANCER

**JUNE 22-JULY 22**  
 Act on impulse today. Not only will you have a lot of fun but you'll impress people who can help make your dreams come true.

#### CAPRICORN

**DEC 22-JAN 20**  
 Let those who are trying to impose limits on what you say and do know you'll never assent to that kind of censorship.

#### LEO

**JULY 23-AUG 23**  
 This could be one of the best days for getting things done, especially at work. you can win over colleagues and employers.

#### AQUARIUS

**JAN 21-FEB 18**  
 You won't lack advice, but the sun's upcoming transit of the most dynamic area of your chart will encourage you to do your own thing.

#### VIRGO

**AUG 24-SEPT 22**  
 Make an effort to reach out to people today, especially people you look up to. You can never have too many powerful friends.

#### PISCES

**FEB 19-MARCH 20**  
 The more of an effort you make to be nice to people today the more likely it is that Lady Luck will smile on you.

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### WORDY GURDY®

BY TRICKY RICKY KANE

Every answer is a rhyming pair of words (like FAT CAT and DOUBLE TROUBLE), and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.

- Violently wiggle a cobra (1)
- Waist circler made of a trapper's hide (1)
- "The Apprentice" boss's sugar blocks (1)
- Sniff a conch (1)
- S.F. team's ocean cruise ships (2)
- Chivalrous one with exceptional ability (2)
- Final-choice-making exactitude (3)

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### This day in history

**MAY 19, 1897:** Oscar Wilde is released from Reading Gaol.

**MAY 19, 1943:** Second World War — British Prime Minister Winston Churchill and U.S. President Franklin D. Roosevelt set Mon., May 1, 1944 as the date for the cross-English Channel landing (D-Day would later be delayed over a month due to bad weather).

**MAY 19, 1962:** A birthday salute to U.S. President John F. Kennedy takes place at Madison Square Garden, New York City. The highlight is Marilyn Monroe's rendition of Happy Birthday.

METRO NEWS SERVICES

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